

A stained glass window featuring a central circular medallion with a white dove with outstretched wings, set against a background of golden rays and a patterned border. The dove is depicted in profile, facing left, with its wings spread wide. The background of the medallion is a light blue and white pattern. The entire window is framed by a decorative border consisting of a central circular medallion with a white dove, surrounded by a golden border with a repeating pattern of stylized flowers or leaves. The outermost border is a dark, possibly black, frame.

The Holy Ghost

Prayer

Our Father and Hail Mary ONCE - Glory be to the Father SEVEN TIMES.

Act of Oblation to the Holy Spirit for the Seven Gifts

TO BE RECITED DAILY DURING THE NOVENA

ON MY KNEES

before the great cloud of heavenly witnesses,
I offer myself body and soul to Thee,
eternal Spirit of God.

I adore the brightness of Thy purity,
the unerring keenness of Thy justice
and the might of Thy love.

Thou art the strength and light of my soul.

In Thee I live and move and have my being.

I desire never to grieve Thee
by unfaithfulness to grace,
and I pray with all my heart to be kept
from the smallest sin against Thee.

Make me faithful in every thought,
and grant that I may always listen to Thy voice,
watch for Thy light,
and follow Thy gracious inspirations.

I cling to Thee and give myself to Thee,
and I ask Thee by Thy compassion
to watch over me in my weakness.
Holding the pierced feet of Jesus,
looking at His five Wounds,
trusting in His Precious Blood
and adoring His opened side
and stricken Heart,
I implore Thee, adorable Spirit,
Helper of my infirmity,
so to keep me in Thy grace
that I may never sin against Thee
with the sin which Thou wilt not forgive.

Grant to me the grace, O Holy Spirit,
Spirit of the Father and of the Son,
to say to Thee always and everywhere,
"Speak, Lord, for Thy servant hears."
Amen.

(After a prayer by Cardinal Newman)

Image and prayer from [Catholic Tradition](#)

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